

**VITA****WOJTEK JAN CHODZKO-ZAJKO****EDUCATION**

University of London	B.Ed. (Hons)	1979
Purdue University	Ph.D.	1984
Center for Research on Aging Purdue University	Post-Doctoral	1985-87

**WORK EXPERIENCE**

Purdue University	Research Fellow	1985-1987
University of Alabama	Assistant Professor	1987-1990
Kent State University	Associate Professor	1990-1998
Kent State University	Professor	1998-2000
	Coordinator Exercise Science Program	1999-2000
University of Illinois at Urbana-Champaign	Professor	
	Head, Department of Kinesiology	2000-2005
	Head, Department of Community Health	2005
	Head, Dept. Kinesiology and Community Health	2005-date
	Shahid and Ann Carlson Khan Professor	2013-date

**PROFESSIONAL AFFILIATIONS**

American Kinesiology Association  
 American College of Sports Medicine  
 National Academy of Kinesiology  
 Gerontological Society of America

**JOURNAL OF AGING AND PHYSICAL ACTIVITY (FOUNDING EDITOR 1992-2002)**

Chodzko-Zajko served as founding editor of the Journal of Aging and Physical Activity, the first journal dedicated to the scientific study of exercise and physical activity in older adult populations. He currently serves on the Editorial Board of the journal.

**INTERNATIONAL SOCIETY FOR AGING AND PHYSICAL ACTIVITY (PRESIDENT 1999-2009)**

Chodzko-Zajko was President of the International Society for Aging and Physical Activity, the international academic association of scholars in the area of aging and physical activity from 1999-2009.

**AMERICAN KINESIOLOGY ASSOCIATION (PRESIDENT 2012-date)**

Chodzko-zajko is President of the American Kinesiology association, the organization that represents academic Kinesiology programs in the USA.

**AWARDS AND RECOGNITIONS:**

Awarded <b>David Ross Research Fellowship</b> , Purdue University	1982, 1983, 1984
<b>Post-Doctoral Fellow</b> , Purdue University	1985-1986
<b>Faculty Research Award</b> , University of Alabama	1987

<b>Research Fellow</b> , Center for Research on Aging, Purdue University	1988
<b>Biomedical Science Research Award</b>	1991
Appointed <b>Editor-in-Chief</b> , <u><b>Journal of Aging and Physical Activity</b></u>	1992
<b>Kent State University Research Council Research Award</b>	1994, 1997
<b>Center for the Study of Aging</b> , Albany, New York, Advisory Committee	1995
<b>World Health Organization</b> , Scientific Advisory Panel of Aging and Health	1995-99
<b>Kisler Lecturer</b> , Louisiana State University	1996
<b>Carl H. Brahce Gerontology Service Award</b>	1996
<b>American College of Sports Medicine</b> Strategic Health Initiative on Physical Activity and Aging	1997-date
<b>Chair</b> , Gerontology Graduate Program, Kent State Univ.	1997-1998
<b>Fellowship</b> , American College of Sports Medicine	1997
<b>Visiting Professor</b> , Slovenian Institute for Rehabilitation	1997
<b>Visiting Professor</b> , University of Tsukuba, Japan	1997
Scientific Advisory Board, <b>Life Fitness Institute</b>	1997-date
National Advisory Board, <b>American Senior Fitness Institute</b>	1997
<b>Chair</b> , American College of Sports Medicine, Interest Group on Aging	1998-1999
<b>Raymond A. Cizek Distinguished Service Award</b> , AAHPERD	1998
<b>Chair</b> , 5 <sup>th</sup> World Congress on Physical Activity and Aging	1999
<b>President</b> , International Society for Aging and Physical Activity	1999
<b>Director Exercise Sciences Laboratory</b> , Kent State University	1999
<b>Fellow</b> , American Academy of Kinesiology and Physical Education	1999
<b>Chair</b> , ACSM Conference on Aging and Physical Activity	2000
<b>Kent State University</b> , International Educator Award	2000
<b>Raymond Weiss Lecturer</b> , AAHPERD	2001
<b>Chair</b> , ACSM Active Aging Partnership	2001

<b>Visiting Professor, University of Porto, Portugal</b>	2002, 2003
<b>Whittington Lecturer, University of Florida</b>	2003
<b>North American Society for Sport and Physical Education, Presidential Award</b>	2003
<b>King McCristal Distinguished Scholar Award University of Illinois</b>	2003
<b>Grover Lecturer, Ohio University,</b>	2004
<b>Chancellor's Distinguished Lecturer, LSU</b>	2005
<b>Visiting Professor, Akademia Wychowania Fizycznego Warsaw, Poland</b>	2005
<b>Congressional Briefing, Senate Special Committee on Aging and House Fitness Caucus</b>	2005
Appointed <b>President's Council on Physical Fitness and Sports Science Board</b> , Washington DC	2006
<b>Distinguished Alumnus, College of Liberal Arts, Purdue University</b>	2007
<b>2007 Cowell Lecturer, Dept. Health and Kinesiology, Purdue University</b>	2007
<b>World Health Organization, Guidelines for Falls Prevention and Active Ageing, Expert Advisory Group</b>	2007-2008
<b>American Council on Exercise, Chairman of the Board of Directors</b>	2009-2011
<b>Chancellor's Distinguished Lecturer, Ithaca College</b>	2009
<b>President, AMERICAN Kinesiology Association</b>	2012-date
<b>Shahid and Ann Carlson Khan Endowed Professor</b>	2013-date

#### **JOURNAL EDITORIAL BOARDS AND REVIEW BOARDS**

Editor of the Journal of Aging and Physical Activity, 1992-2002

Editorial Board, Journal of Aging and Physical Activity, 1992-present

Associate Editor of the Journal of Sport Science and Medicine

Editorial Board, Revista Portuguesa de Ciencias de Desporto, 2002-present

Editorial Board, Revista Brasileira de Fisiologia do Exercício, 2003-present

Editorial Board, Medcyna Sportiwa, Krakow, 2004- present

Editorial Board, Journal of the Academy of Physical Education, Warszawa, 2005-present

Editorial Board, International Journal of Rehabilitation Research, 2008-present

Editorial Board, Journal of Aging Research, 2010-present

Serves as reviewer for the following journals and organizations;

Journal of the American Geriatrics Society

Medicine and Science in Sports and Exercise

Journals of Gerontology

Veteran's Association Medical Advisory Board

Psychological Bulletin

Journal of Physical Activity and Health

**GRANTS (since 2000):**

International Perspectives on Healthy Aging, William and Flora Hewlett Foundation and ACSM, Conference Grant, July 2001, \$17,000, Chodzko-Zajko, PI

National Blueprint on Physical Activity and Aging, Robert Wood Johnson Foundation, August 2001, \$568,000, Chodzko-Zajko, PI

Minigrants for Developing Partnerships to Promote Physical Activity Among Older Adults, Robert Wood Johnson Foundation, August 2002, \$575,888, Chodzko-Zajko, PI

Physical Activity for the 50 Plus: Setting the Public Policy Agenda, Robert Wood Johnson Foundation, February 2003, \$21,719, Chodzko-Zajko, PI

University of Illinois, Chancellor's Cross-Cutting Initiatives, Initiative on Aging, February 2003, \$200,000

New Active Green Environments, Retirement Research Foundation, July 2003 Chodzko-Zajko, PI. \$629,838

Extending the Activities of the National Blueprint Office, \$130,000, Robert Wood Johnson Foundation, August 2003, Chodzko-Zajko, PI

National Council on Aging Resource Center on Aging, \$160,000, Administration on Aging, subcontract, Nancy Whitelaw PI, October, 2003

Archstone Foundation, \$176,000, Integrating Tai Chi and Qi Gong Programming into the Aging Network, April 2005, Chodzko-Zajko PI

Physical Activity and Aging Learning Network, \$100,000, Illinois Sub-Contract (Chodzko-Zajko, PI subcontract), RWJF, January, 2007

Physical Activity Best Practices, \$30,000, National Council on the Aging, Chodzko-Zajko PI., Feb 2007

Facilitating Healthy Living: A Community-Based Intervention Project, \$20,000, UIUC Civic Commitment Task Force, Chodzko-Zajko PI, Feb 2007

New Active Green Environments, Retirement Research Foundation, April 2008, Chodzko-Zajko, PI. \$33,000

#### **BOOKS PUBLISHED:**

1. Chan, KM, Chodzko-Zajko, W.J. Frontera, W., Parker, (2002). Active Aging, Lippincott Williams and Wilkins, Hong Kong, 2002
2. Zhu, W., Chodzko-Zajko., W.J. (2005) Measurement Issues in Aging and Physical Activity, Human Kinetics Publishers, Champaign, IL
3. Poon, LW, Chodzko-Zajko, WJ, Tomporowski PD (2005). Active Living, Cognitive Functioning, and Aging Human Kinetics Publishers, Champaign, IL.
4. Spirduso, W.W., Poon, L.W., Chodzko-Zajko, WJ (2008). Exercise and its mediating effects on cognition Human Kinetics Publishers, Champaign, IL.
5. Chodzko-Zajko, WJ., Kramer AF, Poon LW (2009). Enhancing Cognitive Functioning and Brain Plasticity, Human Kinetics Publishers, Champaign, IL.
6. Chodzko-Zajko, W.J. (2013). ACSM's Guide to Exercise for Older Adults, LLW Press, Philadelphia

#### **ARTICLES PUBLISHED:**

1. Chodzko-Zajko, W.J. & Ismail, A.H., MMPI interscale relationships in middle aged male subjects before and after an 8 month fitness program. Journal of Clinical Psychology, 40, 163-169, 1984.
2. Sothmann, M.S., Ismail, A.H. & Chodzko-Zajko, W.J., The influence of catecholamine activity on hierarchical associations involving physical fitness and personality. Journal of Clinical Psychology, 40, 1309-1317, 1984.
3. Chodzko-Zajko, W.J. & Ismail, A.H., The discrimination power of the MMPI and selected physiological and biochemical variables to differentiate between high and low fit males, In J.H. Humphrey & C.O. Dotson (Eds.), Exercise Physiology, 2, pgs 99-107, New York, AMS Press, 1986.
4. Chodzko-Zajko, W.J. & O'Connor, P.J., Plasma cortisol, the dexamethasone suppression test and depression in normal adult males, Journal of Psychosomatic Research, 30, 3, 313-320, 1986.
5. Chodzko-Zajko, W.J. & Ringel, R.L., Physiological aspects of Aging, Journal of Voice, 1, 1, 18-26, 1987.
6. Ringel, R.L. & Chodzko-Zajko, W.J., Vocal indices of biological age, Journal of Voice, 1, 1, 31-31, 1987.
7. Chodzko-Zajko, W.J., Aging Voice : Transcript of symposium, J. Michel (Ed.), Journal of Voice, 1, 1, 53-61, 1987.

8. Chodzko-Zajko, W.J. & Ringel, R.L., Physical fitness measures and sensory and motor performance in aging, Experimental Gerontology, 22, 317-328, 1987.
9. Ringel, R.L. & Chodzko-Zajko, W.J., Age, health and the speech process, in H. K. Ulatowska (Ed.), Aging and Communication, New York, Thieme, 95-107, 1988.
10. Chodzko-Zajko, W.J., Ringel, R.L. & Corrigan, D.L., Physiological fitness levels in the elderly: Implications for the relationship between chronological age and depression. Psychogeriatrics, 12, 44-45, 1988.
11. Chodzko-Zajko, W.J. & Ringel, R.L., Evaluating the influence of physiological health on sensory and motor performance changes in the elderly, in A.C. Ostrow (Ed.), Aging and Motor Behavior, Benchmark Press, New York, 307-323, 1990.
12. Offenbach, S.I., Chodzko-Zajko, W.J. & Ringel, R.L., The relationship between physiological status, cognition and age in adult men, Bulletin of the Psychonomic Society, 28, 2, 112-114, 1990.
13. Ringel, R.L. & Chodzko-Zajko, W.J., Some implications of current gerontological theory for the study of voice, ASHA Reports, 19, 66-74, 1990.
14. Chodzko-Zajko, W.J., The influence of general health status on the relationship between chronological age and depressed mood state, Journal of Geriatric Psychiatry, 23, 13-22, 1990.
15. Chodzko-Zajko, W.J., Physical fitness, cognitive performance and aging. Medicine and Science in Sports and Exercise, 23, 7, 1991.
16. Chodzko-Zajko, W.J. Aging and Motor Behavior, in F. Landy (Ed.) Research on the Use of Fitness Tests for Police and Firefighting Jobs: United States Equal Opportunity Commission Report to Congress, USEEOC, 1992.
17. Chodzko-Zajko, W.J. (1993). Editorial: Great Beginnings for JAPA, Journal of Aging and Physical Activity, 1,1,pp.1.
18. Chodzko-Zajko, W.J., Schuler, P.B., Solomon, J.S., Heini, B., Ellis, N. The influence of age and physical fitness on automatic and effortful cognitive processing, International Journal of Aging and Human Development, 35,4, 265-285, 1993.
19. Schuler, P.B., Chodzko-Zajko, W.J., Tomporowski, P.D., The relationship between physical fitness, age and attentional capacity, Sports Medicine, Training and Rehabilitation, 4, 1-17, 1993.
20. Chodzko-Zajko, W.J., . Exercise in adult life, in R. Kastenbaum, (Ed.) Encyclopedia of Adult Development, Phoenix, Az., Oryx Press. pp. 144-150,1993
21. Chodzko-Zajko, W.J. (1994). Editorial: 1993 Stairmaster Conference reflects JAPA's diversity, Journal of Aging and Physical Activity, 2,1,pp.1.
22. Chodzko-Zajko, W.J., A multivariate approach to the quantification of biologic age, in Balin, A.K. (Ed.), Practical Handbook of Human Biologic Age Determination, CRC Press, New York, 1994.
23. Chodzko-Zajko, W.J. (1994). Editorial: Assessing physical performance in older adult populations, Journal of Aging and Physical Activity, 2, 2,pp.103-104.

24. Chodzko-Zajko, W.J., Moore K.A. Physical fitness and cognitive functioning in aging, Exercise and Sport Science Reviews, 22, 1995-220, 1994 .
25. Chodzko-Zajko, W.J. (1994). Editorial: How Old is Old?, Journal of Aging and Physical Activity, 2,3, pp.205.
26. Chodzko-Zajko, W.J., Implications of current gerontological theory for experimental design in the exercise sciences, Journal of Aging and Physical Activity, 2, 1994.
27. Chodzko-Zajko, W.J. (1994). Editorial: Editor's Forum seeks input from exercise professionals and seniors. Journal of Aging and Physical Activity, 2,4, pp.291-292.
28. Caruso, A.J., Chodzko-Zajko, W.J., Bidinger, D.A., Sommers, R.K. Adults who stutter: Responses to cognitive stress. Journal of Speech and Hearing Research, 37, 746-754, 1994.
29. Chodzko-Zajko, W.J., Ringel, R.L. & Vaca, V. L. The biology of aging: Implications for the communication sciences, in R.A. Huntley & K.S. Helfer (Eds.), Communication and Older Adults , Butterworth-Heinemann, Boston, MA pp. 3-22, 1995.
30. Chodzko-Zajko, W.J. (1995). Editorial: EGREPA Adopts JAPA As its official journal. Journal of Aging and Physical Activity, 3,2, pp.119.
31. Chodzko-Zajko, W.J. (1995). Editorial: Addressing the physical activity needs of the physically frail and the oldest old. Journal of Aging and Physical Activity, 3,3, pp.221-222.
32. Morgan, A.L, Ellison, J.D., Chandler, M.P. , Chodzko-Zajko, W.J. , The supplemental benefits of strength training for aerobically active post-menopausal women, Journal of Aging and Physical Activity, 3, 4, 332-340, 1995.
33. Caruso, A.J., Chodzko-Zajko, W.J., McClowery, M., Emotional arousal and stuttering: The impact of cognitive stress. in D.C. Woodruff-Starkweather and F.M. Peters (Eds.), Proceedings of the 1st World Conference on Fluency Disorders, pp.133-136, 1995
34. Chodzko-Zajko, W.J. The Physiology of Aging: Structural changes and functional consequences, Quest, 48, 311-329, 1996
35. Misook Lee, Kiyoji Tanaka, Masaki Nakagaichi, Kanji Watanabe, Fumio Nakadomo, Nobuo Takeshima, Teruo Hiyama, and Wojtek Chodzko-Zajko, The relative utility of health-related fitness tests and skilled motor performance tests as measures of biological age in Japanese men. Applied Human Science: Journal of Physiological Anthropology, 15(3), 97-104, 1996
36. Chodzko-Zajko, W.J. (1996). Editorial: Heidelberg, Germany Hosts Fourth International Congress on Physical Activity, Aging and Sports, Journal of Aging and Physical Activity, 4,3, pp.224
37. Chodzko-Zajko, W.J. Experimental Design in Ageing Research, Physical Activity and Health in the Elderly, Madrid, Spain, Minsiterio de Trabajo y Asuntos Sociales, 61-70, 1997
38. Pepe, M. V., Chodzko-Zajko. Impact of Older Adults' Reading Ability on the Comprehension and Recall of Cholesterol Information@. Journal of Health Education, 28, 1, 21-27, 1997
39. Chodzko-Zajko, W.J. (1997). Editorial: World Health Organization issues Guidelines for Physical Activity in Older Adults, Journal of Aging and Physical Activity, 5,1, pp.1.

40. Chodzko-Zajko, W.J. (1997). Responses to Publication of the World Health Organization issues Guidelines for Physical Activity in Older Persons, Journal of Aging and Physical Activity, 5,2, pp. 79-87.
41. Chodzko-Zajko, W.J. (1997). Forthcoming International Conferences Focus on Practical Issues Related to Physical Activity Among Older Persons, Journal of Aging and Physical Activity, 5,3, pp.173-174.
42. Chodzko-Zajko, W.J. (1997). Translating Theory into Practice - A Formidable Challenge for the Future, Journal of Aging and Physical Activity, 5,4, pp.283
43. Chodzko-Zajko, W.J. Normal aging and human physiology, Seminars in Speech and Language, 18, 2, 1997.
44. Tanaka, K., Kim, H., Ohta, T., Asano, K., Nishijima, T., Nakadomo, F., Takeshima, N., Kiryu, T, Chodzko-Zajko, W.C., Kuno, S., and Okada (1997)., Optimal Quality of Life in Japanese Elderly: A 1996 TARA Research Initiative. Ibaraki Journal of Health and Sport Sciences 15, 35-42, 1997.
45. W.J. Chodzko-Zajko (1998). Physical Activity and the Quality of Life, in W. H. Osness (Ed.), Exercise Intervention and Biological Aging, Lawrence Kansas, Kansas University, pp. 3-7.
46. W.J. Chodzko-Zajko (1998). Aging, cognition, and physical fitness, in W. H. Osness (Ed.), Exercise Intervention and Biological Aging, Lawrence Kansas, Kansas University, pp. 62-66.
47. Chodzko-Zajko, W.J. (1998)The Physiology of Aging and Exercise, Exercise For Older Adults, R.T. Cotton (Ed.) Human Kinetics, Champaign, IL.
48. Tanaka, K., and Chodzko-Zajko, W.J. (1998). Successful aging in the new millennium: A Japanese perspective. Bulletin of Institute of Health and Sport Sciences, University of Tsukuba 21, 1-13, 1998.
49. Chodzko-Zajko, W.J. (1998). Physical Activity and Aging: Implications for Health and Quality of Life in Older Persons, Presidents Council on Physical Fitness and Sports Research Digest, pp 1-8, December, 1998.
50. Chodzko-Zajko, W.J. (1998). The Evergreen Project Special Issue, Journal of Aging and Physical Activity, 6,2, pp.103-106.
51. Chodzko-Zajko, W.J. (1998). The 5th World Congress on Physical Activity, Aging and Sports celebrates A1999 - The United Nations Year of the Older Person, Journal of Aging and Physical Activity, 6,4 pp.103-106.
52. Tanaka, K., Kim, H., and Chodzko-Zajko, W. (1999). The role of exercise as an effective weight-management intervention. Bulletin of Institute of Health and Sport Sciences, University of Tsukuba, 22, 1999.
53. Miotto, J. WJ Chodzko-Zajko, JL Reich, MM Supler (1999). The Reliability and Validity of the Fullerton Functional Fitness Test: An Independent Replication Study, Journal of Aging and Physical Activity, 7,4, 339-353.
54. Chodzko-Zajko, W.J. (1999). Why We Need the *International Society For Aging And Physical Activity*, Journal of Aging and Physical Activity, 7,2.



55. Chodzko-Zajko, W.J. (1999) Physiology of Aging, in Sato, Tokura & Watunaki (Eds.) Physiological Anthropology, Kyushu Univ. Press, 273-288.
56. Chodzko-Zajko, W.J. (1999). Retaining and Increasing Competence in Later Life: the Role of Physical Activity Proceedings of the International Scientific Meeting Sport - Health - Old Age, Bled, Slovenia, Olympic Academy of Slovenia, pp. 25-31.
57. Chodzko-Zajko, W.J. (1999). Improving quality of life in old age. The role of regular physical activity, Proceedings of the International Scientific Meeting on Physical Activity and Aging, Porto, Portugal, University of Porto Press, pp. 105-117.
58. Chodzko-Zajko, W.J. (1999) Improving quality of life in old age: The role of regular physical activity, The Aging Male, 2:218-222.
59. Chodzko-Zajko W.J. Biological Theories of Aging, In B. Bonder (Ed) Functional Performance in Older Adults, Davis & Co, Phil, (2000)
60. Chodzko-Zajko, W.J. (2000), Successful Aging in the New Millennium - The Role of Regular Physical Activity, Quest, 52, 333-343.
61. Chodzko-Zajko, W.J. (2001), A Future Role for Technology in Promoting Physically Active Lifestyles in Older Adults, Journal of Aging and Physical Activity, 9,2, 87-91, 2001
62. Chodzko-Zajko, W.J. (2001) Active Aging in The New Millennium: The Role of Regular Physical Activity Physiology of Aging, in K. Shiraki, S. Sagawa and M.K. Yousef (Ed). Physical Fitness and health Promotion in Active Aging, Backhuys Publishers, Leiden, 2001
63. Armstrong S, Sloan, S, Turner, M, Chodzko-Zajko, W.J. et al. (2001), National Blueprint Increasing Physical Activity Among Adults Age 50 and Older, Journal of Aging and Physical Activity, 9S, May, S5-S13.
64. Marques, A., Stevens, M., Vuillemin, A., Hirvensalo, M., Freiburger, E., Fernandez, Chodzko-Zajko, W.J. (2002). In Chan, KM, Chodzko-Zajko, W.J. Frontera, W., Parker, (Eds). Active Aging, Lippincott Williams and Wilkins, Hong Kong, 2002
65. Chodzko-Zajko, W.J. (2002). Ten Years of JAPA, We have learned a great deal. We have a great deal to learn, Journal of Aging and Physical Activity, 10, 1, 1-2.
66. Chodzko-Zajko, W.J. (2002). Passing the Baton – Farewell and Thank You, Journal of Aging and Physical Activity, 10, 4, 363.
67. Sheppard, L., Senior, J., Park, C.H., Mockenhaupt, R., Chodzko-Zajko, W.J. (2003), Physical Activity Among Adults Aged 50 and Older: The National Blueprint Consensus Conference Summary Report, Journal of Aging and Physical Activity, 11,3, 2003.
68. Sheppard, L., Senior, J., Park, C.H., Mockenhaupt, R., Chodzko-Zajko, W.J., Bazzarre, T (2003), The National Blueprint Consensus Conference Summary Report. Strategic Priorities for Increasing Physical Activity Among Adults Aged 50 and Older, American Journal of Preventive Medicine, 25,209-213, 2003.
69. Sheppard, L., Senior, J., Park, C., Mockenhaupt, R. & Chodzko-Zajko, W. (2003). ACSM Continues to Play a Lead Role in Aging and Activity Consortium. Excerpt from Executive Summary: National

- Blueprint: Increasing Physical Activity Among Older Adults. ACSM' Health & Fitness Journal, 7, (2), 12.
70. Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., & Chodzko-Zajko, W. (2003). A Blueprint for Change. Active Aging, 2 (2), 42-47.
  71. Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T. & Chodzko-Zajko, W. (2003). The National Blueprint Consensus Conference. Annals of Long-Term Care, 11 (10), 33.
  72. Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T. & Chodzko-Zajko, W. (2003). "Strategic Priorities for Increasing Physical Activity Among Adults Age 50 and Older: The National Blueprint Consensus Conference Summary Report." In Journal of Sports Science and Medicine, December 2003 issue, www.jssm.org.
  73. Cress, M.E., Buchner, D.M., Prohaska, T., Rimmer, J., Brown, M., Macera, C., DiPietro, L., Chodzko-Zajko, W. (2004). Physical activity programs and behavior counseling in older adult populations, Medicine and Science in Sports and Exercise, 36(11), 1997-2003.
  74. Chodzko-Zajko, W., Ory, M., Resnick, B. (2004). Beyond Screening: Has pre-enrollment screening become a barrier to participation for sedentary older adults? Journal on Active Aging, July, 26-29.
  75. Li, F., Fisher, K.J., Bauman, A., Ory, M., Chodzko-Zajko, W., Harmer, P., Bosworth, M. & Cleveland, M. (2005) Neighborhood level influences on physical activity in middle-aged and older adults: A multi-level analysis. Journal of Aging & Physical Activity, 13: 87-115.
  76. Chodzko-Zajko, W., Sheppard, L., Senior, J., Park, C.H., Mockenhaupt, R., Bazzarre, T. (2005). The USA national strategic plan for promoting physical activity in the mid-life and older adult population: A four year progress report on the National Blueprint, Quest., 57, 3-13.
  77. Ory, M.G., Resnick, B., Chodzko-Zajko, W.J. Buchner, D., Bazzarre, T.L. (2005). Highlights of the Preconference Survey and Screening Roundtable Conference: A White House Conference on Aging Event, Medscape Public Health and Prevention, 2005:3(2).
  78. Park, C-H., Chodzko-Zajko, W.J., Sheppard, L., Wilkinson, H., Grasso, J., McMillan, M., Lopez, R., Rolfe, C (2005). A New AGE of physical activity: Creating outdoor spaces that promote active aging, Journal on Active Aging, September, 22-28.
  79. Schwingel, A; Nakata, Y; Katayama, Y; Erb, CT; Chodzko-Zajko, WJ; Tanaka, K (2006). Effects of protein supplementation on fat-free mass in response to different weight loss programs in obese women. Revista Brasileira de Cineantropometria & Desempenho Humano; 8: 5-11.
  80. Schwingel, A., Nakata, Y., Ito, L.S., Chodzko-Zajko, W.J., Shigematsu, R., Erb, C.T., Oba-Shinjo, S.M., Matsuo, T., Shinjo, S.K., Uno, M., Marie, S.K., Tanaka K. (2006), A comparison of the prevalence of the metabolic syndrome and its components among native Japanese and Japanese Brazilians residing in Japan and Brazil, European Journal of Cardiovascular Prevention and Rehabilitation.
  81. Schwingel, A; Nakata, Y; Ito, LS; Chodzko-Zajko, WJ; Shigematsu, R; Erb, CT; Souza, SM; Oba-Shinjo, SM; Matsuo, T; Marie, SKN; Tanaka, K. (2007)., Lower HDL-cholesterol among healthy middle-aged Japanese-Brazilians in São Paulo compared to Natives and Japanese-Brazilians in Japan. European Journal of Epidemiology
  82. Chodzko-Zajko, WJ., Beattie, L., Chow, R., Firman, J., Jahnke, R., Park CH., Rosengren, K., Sheppard, L., Yang, Y. Qi Gong and Tai Chi: Promoting practices that promote healthy aging., Active

Aging, September, pp 51-56, 2006

83. WHO Global Report on Falls Prevention in Older Age, WHO, Geneva, Switzerland (co-author)
84. Park, C.H., Malavasi, L.M., Liles, C., Page, P., Park, E., Rogers, M., Senior, J., Zhou, L., Ory, M., Chodzko-Zajko, W .J. (2008). National Blueprint report: strategies for integrating physical activity into wellness programming for older adults. *Journal on Active Aging*, 7, 2, 66-76.
85. Resnick, B, Ory, MG, Hora, K, Rogers, ME, Page, P, Bolin, JN, Lyle, RM., Sipe, C, Chodzko-Zajko, W.J. A proposal for a new screening paradigm and a tool called Exercise and Assessment and Screening for You (EASY), (2008), *Journal of Aging and Physical Activity*, 16, 2, 215-233.
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99. Chodzko-Zajko, W., Schwingel, A., Romo, V., (2012) Un análisis crítico sobre las recomendaciones de actividad física en España, *Gaceta Sanitaria*, February, 2012.
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  102. Wojtek J Chodzko-Zajko, Barbara Resnick, Marcia G Ory, (2012) Behavioral Medicine, Beyond screening: tailoring physical activity options with the EASY tool, *Translational Behavioral Medicine*, first published online April 13, 2012.
  103. E. Sebastião, S. Gobbi, W. Chodzko-Zajko, A. Schwingel, C.B. Papini, P.M. Nakamura, A.V. Netto, E. Kokubun, The International Physical Activity Questionnaire-long form overestimates self-reported physical activity of Brazilian adults, *Public Health*, Available online 31 August 2012
  104. Romo, V., Schwingel, A., Chodzko-Zajko, W., (2012) Walking among older adults in Spain: Frequency and gender roles, *Int. Sports Med Journal* Vol. 13 No.4.
  105. Zhu, W, Nedovic-Budic, Z, Olshansky, R, Marti, J., Gao, Y., Park, Y., McAuley, E and Chodzko-Zajko, W.J. (2013). Agent-Based modeling of physical activity behavior and environmental correlations: An introduction and Illustration, *Journal of Physical Activity and Health*, 10, 309-322.
  106. Najib Balbale, S., Schwingel, A., Chodzko-Zajko, W., Huhman (2013). Visual and Participatory Research Methods in the Development of Health Messages for Underserved Populations, *Health Communication*, in press.

#### **SELECTED RESEARCH PAPERS PRESENTED AT MEETINGS OF PROFESSIONAL ORGANIZATIONS:**

- Chodzko-Zajko, W.J., Multivariate relationships between selected physiological, biochemical and psychological variables using the MMPI in middle aged men, presented, Annual meeting, Society for Prospective Medicine, Atlanta, Georgia, November, 1983.
- Chodzko-Zajko, W.J. & Ismail, A.H., MMPI interscale relationships before and after an 8 month fitness program, presented, Annual meeting, American Alliance for Physical Education, Health, Recreation and Dance, Anaheim, California, April, 1984.
- Chodzko-Zajko, W.J. & Ismail, A.H., The discrimination power of the MMPI and selected biochemical and physiological variables to discriminate between high and low fit adult males, presented, IVth Olympic Scientific Congress, Eugene, Oregon, July, 1984.
- Chodzko-Zajko, W.J. & Ismail, A.H., Relationships between the dexamethasone suppression test, free cortisol and emotionality in normal male subjects, presented, Annual meeting Society for Prospective Medicine, Indianapolis, Indiana, October, 1984.

- Chodzko-Zajko, W.J. & Ismail, A.H., Personality variables discriminate between CHD risk reducers and non-reducers following an eight month physical fitness program, presented, Annual meeting Society for Prospective Medicine, Indianapolis, Indiana, October, 1984.
- Chodzko-Zajko, W.J., Plasma cortisol secretion, the dexamethasone suppression test and emotionality in normal adult males, presented, Annual meeting, American Psychosomatic Society, Washington D.C., April, 1985.
- Chodzko-Zajko, W.J. & O'Connor, P.J., CHD risk reduction and personality characteristics, presented, Annual meeting, American College of Sports Medicine, Nashville, TN., May, 1985.
- Verity, L.S. & Chodzko-Zajko, W.J., A multivariate analysis of physiological, biochemical and psychological variables in Type II diabetics subsequent to exercise training, presented, XXIIInd International Diabetes Congress, Madrid, Spain, September, 1985.
- Chodzko-Zajko, W.J., Ringel, R.L. & O'Connor, P.J., Cardiovascular and pulmonary performance and sensory deterioration in aging, presented, Annual Meeting of the Gerontological Society of America, New Orleans, November, 1985.
- Chodzko-Zajko, W.J. & Ringel, R.L., Physiological aspects of aging, presented, 15th Symposium on the Care of the Professional Voice, New York City, June, 1986.
- Ringel, R.L. & Chodzko-Zajko, W.J., Vocal indices of biological age, presented, 15th symposium on the Care of the Professional Voice, New York City, June, 1986.
- Chodzko-Zajko, W.J. & Ringel, R.L., Evaluating the influence of physiological factors on sensory and motor performance deterioration in the aged, presented, Annual meeting American College of Sports Medicine, Indianapolis, May, 1986.
- Ringel, R.L. & Chodzko-Zajko, W.J. Aging and Speech Production, presented, 3rd Clinical Dysarthria Conference, Tucson, Arizona, February, 1986.
- Ringel, R.L. & Chodzko-Zajko, W.J., Physiological Aging: Effects on Voice and Hearing, presented, Annual meeting, American Speech and Hearing Association, Detroit, Michigan, November, 1986.
- Offenbach, S.L., Chodzko-Zajko, W.J. & Ringel, R.L., Age, Cognition and Physical Fitness, presented, Annual meeting, American Psychonomic Society, New Orleans, November, 1986.
- Chodzko-Zajko, W.J. & Corrigan, D.L., The influence of physical fitness on the relationship between chronological age and depression, presented, Annual meeting, American College of Sports Medicine, Las Vegas, Nevada, May 1987.
- Chodzko-Zajko, W.J., Ringel, R.L. & Corrigan, R.L. Physiological fitness levels in the elderly: Implications for the relationship between chronological age and depression, presented, International Psychogeriatric Congress, Chicago, August, 1987.
- Chodzko-Zajko, W.J., The influence of regular physiological training on age-related declines in sensory-motor and cognitive performance in old age, presented, Annual meeting, Southern Gerontological Society, Atlanta, Georgia, April, 1988.
- Chodzko-Zajko, W.J., Multivariate fitness measures in aging: Sensitivity to exercise training, presented, Annual meeting, American College of Sports Medicine, Dallas, 1988

- Chodzko-Zajko, W.J., Evaluating the influence of regular physical activity on health and effective functioning in old age, presented, 13th World Conference on Health Education, Houston, Texas, August, 1988.
- Chodzko-Zajko, W.J. & Ringel, R.L., Some implications of current gerontological theory for the study of voice, presented, ASHA symposium, Communication Sciences and Disorders and Aging, Washington D.C., September, 1988.
- Chodzko-Zajko, W.J., A multivariate approach to the quantification of physiologic age, presented, annual meeting, American Aging Association, San Francisco, November, 1988.
- Chodzko-Zajko, W.J. & Solomon, J.L., Individual differences in cognitive decline in old age: The role of physiological health status, presented, Gatlinburg Conference on Mental Retardation, Gatlinburg, Tennessee, March, 1988.
- Chodzko-Zajko, W.J. & Solomon, J.L., Physiological health status and cognitive deterioration in old age, presented, annual meeting, Federation of American Societies for Experimental Biology (FASEB), New Orleans, Louisiana, March, 1989.
- Chodzko-Zajko, W.J. & Schuler, P.B., Cardiovascular and pulmonary factors and memory loss in aging, presented, 19th Annual meeting American Aging Association, Washington D.C. October, 1989.
- Chodzko-Zajko, W.J. (Chair). Symposium: Attentional capacity and cognitive performance in mentally-retarded persons and the elderly, presented, 1990 Gatlinburg Conference on Mental Retardation, Brainerd, MN, April 1990.
- Chodzko-Zajko, W.J., Cognitive stress and exercise: Implications for a biobehavioral model, presented, ACSM annual meeting, Salt Lake City, May 1990.
- Chodzko-Zajko, W.J., Schuler, P.B., Cardiovascular fitness, attentional capacity and cognition, presented, ACSM annual meeting, Salt Lake City, May 1990.
- Chodzko-Zajko, W.J., Schuler, P.B., Physiological health factors influence age-related declines in visuo-spatial memory, accepted for presentation, FASEB annual meeting, Washington D.C., April, 1990.
- Chodzko-Zajko, W.J., Schuler, P.B., Physical fitness and cognitive performance in old age: The role of attentional capacity, paper accepted for presentation, American Psychological Society annual meeting, Dallas Texas, June 1990.
- Chodzko-Zajko, W.J., Attentional capacity and cognitive decline in aging: The role of physical fitness. presented, Gerontological Society of America annual meeting, Boston, MA, November 1990.
- Chodzko-Zajko, W.J., The physiology of Aging: Implications for the study of voice throughout the lifespan, presented, Pacific Voice Conference, San Francisco, October, 1990.
- Smith, J.S., Bucholtz, D., Chodzko-Zajko, W.J. & Bishop, P., The validity of the caltrac for use in monitoring upper and lower extremity movement, AAPERD annual meeting, San Francisco, April, 1991.
- Chodzko-Zajko, W.J. The effect of physiological status on cognitive functioning in old age, Human Biology Council meeting, Milwaukee, WI, March, 1991.
- Chodzko-Zajko, W.J.(Chair) Symposium: Physical Fitness, Cognition and Aging, presented, American Psychological Association Meeting, San Francisco, August 1991.

- Chodzko-Zajko, W.J., Caruso, A.J., Sothmann, M.S., The effect of age on physiological and behavioral responses to cognitive stress, American Aging Association, annual meeting, Denver, October, 1991.
- Chodzko-Zajko, W.J., Caruso, A.J. & Campbell, T., The influence of age on physiological, behavioral and acoustic reactivity to the Stroop color word task, Gerontological Society of America, annual meeting, San Francisco, November, 1991.
- Caruso, A.J., Chodzko-Zajko, W.J., Oatridge, D., Biddinger, D.A. & Campbell, T., Age-related changes in physiologic and acoustic responses to cognitive stress, American Speech-Language Hearing Association, annual meeting, Atlanta, November, 1991
- Chodzko-Zajko, W.J., Caruso, A.J., Age differences in cardiovascular and acoustic reactivity to cognitive stress, 1992 Gatlinburg Conference on Mental Retardation, Gatlinburg, TN, April 1992.
- Chodzko-Zajko, W.J., Caruso, A.J., Thomas, S., Campbell, T. & Biddinger, D., The effect of age and fitness on cardiovascular and behavioral responses to cognitive stress, annual meeting, ACSM, Dallas, May 1992.
- Chodzko-Zajko, W.J., Vaca, V.L., Griffin, W.T., Feng, X, Heist, M., Bidinger, D., & Caruso, A., The effect of age on cardiovascular reactivity to laboratory and everyday life stress., 1992 Gerontological Society of America meeting, Washington DC, November, 1992.
- Caruso, A.J., Chodzko-Zajko, W.J., Shadden, B, & Ringel, R.L., America is aging: A crisis for health care provision, 1992 ASHA convention, San Antonio, TX, November, 1992.
- Caruso, A.J., Chodzko-Zajko, W.J., & Bidinger, D., Stutterers responses to cognitive stress: Behavioral, Physiological and Acoustic Data, 1992 ASHA convention, San Antonio, TX, November, 1992.
- Wojtek J. Chodzko-Zajko, William T. Griffin, Victoria Vaca, and Anthony Caruso, Age differences in cardiovascular reactivity to attentionally-demanding stimuli, paper presented, 1993 Gatlinburg Conference on Mental Retardation and Developmental Disorders.
- Wojtek Chodzko-Zajko, Anthony Caruso, Victoria Vaca, William Griffin, X. Feng, M. Heist, D. McWhorter Blood pressure responses of older adults to exercise, cognitive, and daily-life stress, paper presented, 1993 ACSM Meeting, Seattle, May, 1993.
- Morgan, A.L., J.D. Ellison, M.P. Chandler, W.J. Chodzko-Zajko, The effect of aerobically-active post-menopausal women, paper presented, 1993 ACSM Meeting, Seattle, May, 1993.
- Wojtek Chodzko-Zajko, Kathleen Moore, Peter Ditto, William Griffin, Victoria Vaca, Nicole Beardsley, and Frank Pettigrew, Attitudes towards hypercholesterolemia in high and low-risk older adults, paper presented, 1993 American Psychological Association Meeting, Toronto, Canada, August 1993.
- Wojtek Chodzko-Zajko, William Griffin, Victoria Vaca, Kathleen Moore, Nicole Beardsley, Frank Pettigrew, and Peter Ditto, The effect of age on memory for health-related information. Kent state university, paper presented, 1993 American Psychological Association Meeting, Toronto, Canada, August 1993.
- William Griffin, Kathleen Moore, Wojtek Chodzko-Zajko, Kristen Bucaro, Peter Ditto, , Victoria Vaca, Nicole Beardsley, and Frank Pettigrew, The effect of advancing age on memory for health related information, presented, Stairmaster Conference on Aging and Physical Activity, Virginia Beach, VA., October 1993.

- Wojtek Chodzko-Zajko, Experimental design and research methods in Gerontology presented, Stairmaster Conference on Aging and Physical Activity, Virginia Beach, VA., October 1993.
- William Griffin, Kathleen Moore, Wojtek Chodzko-Zajko, Kristen Bucaro, Peter Ditto, , Victoria Vaca, Nicole Beardsley, and Frank Pettigrew, The effect of age on short and long-term recall of health related information, presented, 1993 GSA meeting, New Orleans, LA, November, 1993.
- Victoria Vaca, William Griffin, Nicole Beardsley, Frank Pettigrew, Peter Ditto, Wojtek Chodzko-Zajko. The acquisition and recall of complex medical information in young and two cohorts of elderly adults., AGHE meeting, Cleveland, March 1994.
- Chodzko-Zajko, W.J., Going, S.L., Morgan, A., Jones, J., Exercise and Aging: Implications for Professional Preparation, symposium presented, AGHE meeting, Cleveland, March 1994.
- Wojtek J. Chodzko-Zajko and Margaret V. Pepe, Age and cohort factors influencing the acquisition and recall of health-related information, Society of Behavioral Medicine, Boston, MA, April, 1994
- Kathleen Moore, M.A., Wojtek Chodzko-Zajko, Ph.D., Victoria Vaca, B.A., William Griffin, M.A., Nicole Beardsley, B.A., Peter Ditto, Ph.D., and Frank Pettigrew, Ph.D., The effect of age on memory for health-related information. Society of Behavioral Medicine, Boston, MA, April, 1994.
- Caruso, A.C., Chodzko-Zajko, W.J., Cognitive Stress and Stuttering, presented, International Symposium on Stuttering, Cologne, Germany, August, 1994.
- W.J. Chodzko-Zajko, K.A. Moore, P.H. Ditto, Exercise and the self-esteem of older adults. International Conference on Aging and Physical Activity, Stirling Scotland, 1994.
- Wojtek J. Chodzko-Zajko and Margaret V. Pepe, Age and cohort factors influencing the acquisition and recall of health-related information, International Conference on Prevention, Charleston, West Virginia, October, 1994
- Hawks, JW, Caruso, AJ, Chodzko-Zajko, WJ Hardman HD, Age-related differences on an auditory-visual stroop task, ASHA annual meeting, New Orleans, Nov. 1994
- K.A. Moore, P.H. Ditto, W.J. Chodzko-Zajko, The effect of participation in an aerobic exercise program on the self-esteem of older adults. Gerontological Society of America, Atlanta, GA 1994.
- W.J. Chodzko-Zajko, Physical activity and cognitive functioning in aging, paper accepted for presentation, ACSM annual meeting, Minneapolis, MN, June, 1995
- W. J. Chodzko-Zajko, F. Pettigrew, N. Beardsley, W. Griffin, V. Vaca and Margaret Pepe, The application of multimedia computerized patient education programs in the adult fitness program setting, ACSM annual meeting, Minneapolis, MN, June, 1995.
- Hawks, JW, Caruso, AJ, Chodzko-Zajko, Age-related differences in performance measures on a cross modal auditory-visual stroop task, Acoustical Society of America annual meeting, Washington DC, May. 1995
- W.J. Chodzko-Zajko. The roots of ageism in contemporary society: An historical and scientific perspective, paper presented 1995 Conference of Aging and Physical Activity, Colorado Springs, October 1995.



- Misook Lee, Kiyoji Tanaka, Masaki Nakagaichi, Kanji Watanabe, Fumio Nakadomo, Nobuo Takeshima, Teruo Hiyama, and Wojtek Chodzko-Zajko, The relative utility of health-related fitness tests and skilled motor performance tests as measures of biological age in Japanese men, paper presented 1995 Conference of Aging and Physical Activity, Colorado Springs, October 1995.
- Kiyoji Tanaka, Misook Lee, Ho Sung Nho, Yoshiaki Saku, Nobuo Takeshima, Fumio Nakadomo, Kanji Watanabe, and Wojtek Chodzko-Zajko, The generalizability of different equations for the prediction of vital age in physically active older adults: A study of Japanese joggers, paper presented 1995 Conference of Aging and Physical Activity, Colorado Springs, October 1995.
- P.D. Myers-Hankey, J.M. Miotto, K. Beals, and W.J. Chodzko-zajko, the Relationship Between Perceived Competence and Objective Measures of Physical and Functional Performance in Older Adults, paper presented ACSM annual meeting, Cincinnati, OH, June, 1996.
- J.M. Miotto, P.D. Myers-Hankey, K. Beals, and W.J. Chodzko-Zajko the Relationship Between Indirect and Direct Measures of Physical and Functional Fitness in Older Adults, paper presented, World Congress on Aging and Activity, Heidelberg, Germany, 1996
- J.M. Miotto, J. L. Reich, M. Supler, and W.J. Chodzko-Zajko, Reliability of Functional Fitness Assessments in Older Adults: Implications for Test Administration, paper presented, ACSM annual meeting, Orlando, FL., June, 1998
- M. Supler, J.M. Miotto, J. L. Reich, and W.J. Chodzko-Zajko, Functional Fitness Differences Between Sedentary and Physically Active Older Adults, paper presented, ACSM annual meeting, Orlando, FL., June, 1998
- Wojtek Chodzko-Zajko, Alexandre Kalache, Kiyoji Tanaka, Robert S. Mazzeo, Symposium: The World Health Organization - Guidelines for Physical Activity in Older Adults: a Strategy for Healthy Aging in the New Millennium, symposium presented, ACSM annual meeting, Orlando, FL., June, 1998
- J. Miotto, H. Burger, C. Marincek, U. Pugh,, J. Reich, M. Supler, and W. Chodzko-Zajko, Functional Fitness Differences Between Sedentary and Active Older Adults in the USA and Slovenia, paper presented, ACSM annual meeting, Seattle, WA, June, 1999.
- W. Chodzko-Zajko, Evaluating Physical Performance in Independent Older Adults, symposium paper presented, ACSM annual meeting, Seattle, WA, June, 1999.
- Chodzko-Zajko, W.J. The Michael Lee Pollock Memorial Symposium - The Comparative Benefits of Cardiovascular and Resistance Training for Health and Effective Functioning in Old Age, Symposium Chair, 5<sup>th</sup> World Congress on Physical Activity, Aging, and Sports, Orlando, FL, August, 1999.
- Chodzko-Zajko, W.J. Strange Bedfellows - Interdisciplinary Collaborations Between Speech Scientists, Exercise Physiologists, and Cognitive Psychologists, Symposium paper presented at the 5<sup>th</sup> World Congress on Physical Activity, Aging, and Sports, Orlando, FL, August, 1999.
- Chodzko-Zajko, W.J. The National Blueprint to Promote Physical activity, Symposium, World Gerontology Congress. Vancouver, BC, July, 2001
- Chodzko-Zajko, W.J. International initiatives for promoting successful aging, Portuguese National Conference on Aging, Lisbon, Portugal, October

- Chodzko-Zajko, W.J. Physical Activity and Quality of Life in Old Age, keynote address, Aging Congress, Nagoya, Japan, October 2001
- Chodzko-Zajko, W.J. The National Blueprint to Promote Physical Activity, Invited Presentation, ACSM Fitness Summit, Orlando, April, 2002.
- Chodzko-Zajko, W.J. Physical Activity and Aging, Invited Presentation, AGS meeting, Washington DC, May, 2002.
- Chodzko-Zajko, W.J. Extending the Blueprint: National Initiatives to Promote Active Aging, Symposium, ACSM Annual Meeting, St. Louis Mo, June, 2002
- Chodzko-Zajko, W.J. National Initiatives to Promote Active Aging, Symposium, American Public Health Association Annual Meeting, Philadelphia, PA, November, 2002
- Chodzko-Zajko, W.J. Addressing the National Blueprint, Symposium, ACSM Conference, San Francisco, CA, May, 2003
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Healthy Aging, Symposium paper, Gerontological Society of America, San Diego, November 2003
- Chodzko-Zajko, W.J., Physical Activity and Cognitive Functioning, Symposium paper, Gerontological Society of America, San Diego, November 2003
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Healthy Aging, paper presented, International Conference on Aging, Disability and Independence, Washington DC, December 2003
- Malavasi, L., Park, C.H., Sheppard, L., Park, E., Hogg, E., Neuman J., Sheppard, L., Park, E., Wen, H., Jahnke R., Chodzko-Zajko, W. (April, 2008). Strategies for increasing participation levels in community-based Qi Gong and Tai Chi programs in the USA. International Congress Physical Activity and Public Health, Amsterdam, Netherlands.
- Chodzko-Zajko, W. , Schwingel, A.C, Nakata, Y; Ito, LS; Shigematsu, R; Erb, CT; Souza, SM; Oba-Shinjo, SM; Matsuo, T; Marie, SKN; Tanaka, K (April, 2008), Cultural-environmental Influences on Cardiovascular Disease Risk Factors: Gender Differences among Immigrant Cohorts, Amsterdam, Netherlands.. International Congress Physical Activity and Public Health, Amsterdam, Netherlands.
- Chodzko-Zajko, W. International strategies for promoting active aging, Amsterdam, Netherlands.. International Congress Physical Activity and Public Health, Amsterdam, Netherlands, April, 2008.,
- Chodzko-Zajko, WJ, Physical Activity and Successful Aging, World Congress on Aging and Physical Activity, Japan, July 2008
- Chodzko Zajko, W, Schwingel, A, Park, CH, Malavasi L, Sixth Annual International Council on Active Aging Conference, San Diego, USA, "Integration of wellness in intergenerational programs and international efforts". December 2008
- Chodzko Zajko, W, Schwingel, A, Malavasi L, Kim, K, Wilkinson, H, Rolfe C, Center on Health, Aging, and Disability (CHAD) Symposium, University of Illinois at Urbana-Champaign, "New Active Green Environment (New AGE)", March 2009

- Chodzko-Zajko, WJ, Developing a national strategy for promoting active aging, ACSM National Conference, Seattle, June 2009
- Challenges faced by immigrants growing older away from home. Schwingel, Malavasi, Kim, Park, Chodzko-Zajko. 19th IAGG World Congress of Gerontology and Geriatrics, Paris, France, July 5-9, 2009. Conference Presentation
- International efforts to Promote Active Aging. International Conference on "Physical Education and Sport in Research" and "Aging and Physical Activity, Rydzyna, Poland, September 10-12, 2009. Conference Presentation
- Invited Speaker to the PhD Program in Physical Education and Health, Universidade Federal de Santa Catarina, Florianopolis, Brazil. Course on Aging, October 8-14, 2009. Lecture
- Growing older away from home: Challenges faced by older Japanese living in Brazil and Japan. Schwingel, Chodzko-Zajko, Tanaka. Simpósio Internacional de Ciências do Esporte (CELAFISCS), Sao Paulo, Brazil, October 15-16, 2009. Conference Presentation
- The USA National Blueprint. Chodzko-Zajko. Simpósio Internacional de Ciências do Esporte (CELAFISCS), Sao Paulo, Brazil, October 15-16, 2009. Conference Presentation
- Active Aging Partnerships around the World. Trevarthen, Schwingel, DeMano, Turnbaugh, Chodzko-Zajko. Public Engagement Symposium, University of Illinois at Urbana-Champaign, March 3, 2010. Conference Presentation
- Cultural Perspectives on Physical Activity among Older Latina Women. Schwingel, Chodzko-Zajko, Buki, Huhman, Viruell-Fuentes, Marquez, Najib, Parrot, Yvette Castaneda. CHAD and the Health and Wellness Research Initiative 2010 Symposium: Investigating Social Determinants of Health, University of Illinois at Urbana-Champaign, April 5, 2010. Conference Presentation
- Perspectives on Physical Activity in Older Adults from Minorities. Third International Congress on Physical Activity and Public Health, May 5-8, 2010 Toronto, Canada. Conference Presentation
- The Physical Activity Guidelines for Americans, Guam CDC Sports and Fitness Summit, May 21-26, 2010, Keynote Address
- Sebastiao, E. ; Gobbi, S. ; Corazza, D. I. ; Schwingel, A. ; Chodzko-Zajko, W. J. . Physical Activity Behavior in Community Dwelling Older Brazilian Adults. In: World Congress on Active Ageing, 2012, Glasgow, Scotland. Journal of Aging and Physical Activity. Champaign: Human Kinetics, 2012. v. 20. p. s230-s230.
- Corazza, D. I. ; Teodorov, E. ; Sebastiao, E. ; Gallo, I. H. ; Pedroso, R. V. ; Coelho, F. G. M. ; Andreatto, C. A. A. ; Gobbi, S. ; Santos-Galduroz, R. F. Functional Fitness and Immune System in Older Women. In: World Congress on Active Ageing, 2012, Glasgow, Scotland. Journal of Aging and Physical Activity. Champaign: Human Kinetics, 2012. v. 20. p. s67-s67.
- Sebastiao, E., Gobbi, S., Schwingel, A., Chodzko-Zajko, W. Challenges Assessing Physical Activity Among Brazilians. In: Annual Meeting of the American College of Sports Medicine (ACSM), 2012, San Francisco, USA. Medicine & Science in Sports & Exercise, 2012. v.44, n. 5 (suppl). p. s113.

**SELECTED KEYNOTE ADDRESSES AND COLLOQUIA:**

Chodzko-Zajko, W.J., Electroencephalographic evidence for hemispheric processing asymmetries in human cognitive processing, Department of Psychology, Purdue University, November, 1983.

Chodzko-Zajko, W.J., Exercise for the treatment of depression, Methodist Hospital, Indianapolis, Indiana, February, 1984.

Chodzko-Zajko, W.J., Geriatric Supermen: Some problems in the measurement and evaluation of physical fitness in elderly populations, Department of Work Physiology, Ohio State University, December, 1985.

Chodzko-Zajko, W.J., Biological Aging: Sensory, Motor and Cognitive Aspects, University of Surrey, England, January, 1986.

Chodzko-Zajko, W.J., Physiological factors in senescence, West London Institute of Education, London, England, February, 1986.

Chodzko-Zajko, W.J. Evaluating the influence of physiological health on sensory and motor deterioration in the elderly, University of Wisconsin, Milwaukee, April, 1986.

Chodzko-Zajko, W.J., Regular physical activity and cognitive functioning in old age, University of Illinois, July, 1988.

Chodzko-Zajko, W.J., Exercise, attentional capacity and cognitive decline in aging, invited address, HPER department, The University of North Carolina, Chapel Hill, February, 1989.

Chodzko-Zajko, W.J., Cognition and Aging, invited address, PERD department, Kansas State University, Manhattan, Kansas, March 1990.

Chodzko-Zajko, W.J., Cognition and Aging, Psychology department, University of Calgary, March, 1991.

Chodzko-Zajko, W.J. Cardiovascular and behavioral responses to psychological stress, University of Illinois, November, 1991.

Chodzko-Zajko, W.J. Age differences in cardiovascular and behavioral reactivity to stress, invited colloquium, Psychology Department, Kent State University, February, 1992.

Chodzko-Zajko, W.J. Biological aging: Implications for health and effective functioning in old age, Medical Academy, Wroclaw, Poland, August 31, 1992.

Chodzko-Zajko, W.J. Exercise and aging, Medical School, Gdansk, Poland, September 2, 1992.

Chodzko-Zajko, W.J. Experimental design in gerontology, invited colloquium, Northern Illinois University, August, 1993.

Chodzko-Zajko, W.J. The Physiology of Aging, keynote address, International Symposium: Care of the Professional Voice, London, England, September, 1993.

Chodzko-Zajko, W.J. Experimental design in gerontology, invited colloquium, University of Texas, November, 1993.

Chodzko-Zajko, W.J., Experimental design and statistical analyses in gerontology, keynote lecture,

ERASMUS Conference, Stirling, Scotland, September, 1994.

Chodzko-Zajko, W.J. The roots of ageism in contemporary society, invited colloquium, University of Texas at Austin, March, 1995

Chodzko-Zajko, W.J. Roots of Ageism in Contemporary Society, keynote address, International Conference on Aging and Physical Activity, Colorado Springs, CO., October, 1995

Chodzko-Zajko, W.J. The Physiology of Aging: Structural changes and functional consequences, Paper presented at the Academy of Kinesiology, Vail, Co., October, 1995.

Chodzko-Zajko, W.J.. The assessment of functional capacity in older individuals, invited keynote address, EGREPA Annual meeting, Madrid, Spain, September, 1995.

Chodzko-Zajko, W.J., Psychological changes and advancing age: The role of physical activity, invited keynote address, World Health Organization meeting, Heidelberg, Germany, December, 1995.

Chodzko-Zajko, W.J., Ageism and Ageist Attitudes, invited colloquium, University of Western Ontario, January, 1996.

Chodzko-Zajko, W.J. Physical Activity and Aging, invited colloquium, University of Ljubljana, Ljubljana, Slovenia, August 1996.

Chodzko-Zajko, W.J., The WHO Guidelines on Aging and Physical Activity, invited keynote address, World Health Organization Symposium, 4<sup>th</sup> World Congress on Physical Activity and Aging, Heidelberg, Germany, August, 1996.

Chodzko-Zajko, W.J., The role of physically and mentally active lifestyles on health and effective functioning in old age, Chair, Invited Symposium, 4<sup>th</sup> World Congress on Physical Activity and Aging, Heidelberg, Germany, August, 1996.

Chodzko-Zajko, W.J. The Physiology of Aging: Structural changes and functional consequences, Invited Keynote address, TARA Research Symposium, Tsukuba, Japan, September, 1996.

Chodzko-Zajko, W.J. Physical activity in aging, Reversing the Aging Process: Invited Keynote address, International Conference on Physiological Anthropology, Nara, Japan, September, 1996.

Chodzko-Zajko, W.J. Physical Activity and the prevention, treatment, and management of osteoporosis, Invited Keynote Address, NEOUCOM Conference on Osteoporosis, Rootstown, OH, October, 1996.

Chodzko-Zajko, W.J. Physical activity and cognitive functioning in aging, Invited Keynote address, Conference on Healthy Aging, San Diego, California, November, 1996.

Chodzko-Zajko, W.J. Physical Activity and healthy aging, The Kisler lecture, Louisiana State University, Baton Rouge, October, 1996

Chodzko-Zajko, W.J. Physiology of Aging, keynote address, West Virginia Conference on Aging, Canaan valley, W.V. October 1997

Chodzko-Zajko, W.J. The WHO guidelines on healthy aging, Keynote address, 1<sup>st</sup> Gulf Congress on Rehabilitation, Kuwait, March 1997.

Chodzko-Zajko, W.J. The implications of the World Health Organization Guidelines for Physical Activity,

International Symposium on Biological Aging, Missillac, France, July, 1997

Chodzko-Zajko, W.J., Tanaka, K., Kalache, A, Symposium: The Role of Physical Activity in the Aging Process, World Gerontology Congress, Adelaide, Australia, August, 1997.

Chodzko-Zajko, W.J. Physical Activity and Ageing: The Road Ahead, keynote address, International Conference on Aging and Physical Activity, Austin, TX, September, 1997

Chodzko-Zajko, W.J. Physical Activity, Aging and Health, keynote address, National Festival on Aging, Yamagata City, Japan, September, 1997

Chodzko-Zajko, W.J. Retaining And Increasing Competence in Later Life: The Role of Physical Activity, Limberg National Sportsmedicine Congress, Limberg, Belgium, November, 1997.

Chodzko-Zajko, W.J. Assessing functional fitness in older adults, keynote address, Institute for Rehabilitation, Ljubljana, Slovenia, December, 1997

Chodzko-Zajko, W.J. International initiatives for promoting health and fitness in older adults, keynote address, Institute for Public Health, Ljubljana, Slovenia, December, 1997

Chodzko-Zajko, W.J. Retaining and Increasing Cognitive Competence, keynote address, CAAD Symposium, AAHPERD national conference, Reno, NV, April, 1998.

Chodzko-Zajko, W.J. Physical Activity and Aging, keynote address, University of Alberta, Edmonton, Canada, April, 1998.

Chodzko-Zajko, W.J. Physical Activity and Aging: An Overview, keynote address, EGREPA Congress on Aging and Activity, Wingate Institute, Natanya, Israel, September, 1998.

Chodzko-Zajko, W.J. Images of Aging, keynote address, West Virginia Conference on Aging, Martinsville, W.V. October 1998

Chodzko-Zajko, W.J., Physical Activity and Aging, IOC Meeting, Bled, Slovenia, November, 1998

Chodzko-Zajko, W.J., The American College of Sports Medicine Position Stand on Exercise and Physical Activity for Older Adults, workshop presented, Tokyo Metropolitan Institute for Health Promotion, Tokyo, Japan, November, 1998.

Chodzko-Zajko, W.J. Physical Activity and the Aging Process, keynote address, American Anti-Aging Medicine Association Meeting, Las Vegas, December, 1998.

Chodzko-Zajko, W.J., Retaining and Increasing Competence in Old Age, keynote address, Northwest ACSM annual meeting, Seattle, WA, February, 1999

Chodzko-Zajko, W.J., Physical Activity and Aging, keynote address, Wichita State University, Wichita, KS, March, 1999

Chodzko-Zajko, W.J. The United Nations International Year of Older Persons - Implications for the Islamic World, Keynote address, 2<sup>st</sup> Gulf Congress on Rehabilitation, Kuwait, March 1999.

Chodzko-Zajko, W.J., Physical Activity and Aging, keynote address, Portugese Conference on Physical Activity and Aging, University of Porto, Porto, Portugal, April, 1999

- Chodzko-Zajko, W.J. Active Ageing in the New Millennium, keynote address WHO consultation meeting Hong Kong, April, 1999.
- Chodzko-Zajko, W.J. Towards a Society for All Ages, keynote address, EGREPA annual meeting, Vittell, France, May, 1999.
- Chodzko-Zajko, W.J. A comparison of Functional Fitness levels between European and North American Older Adults, keynote address, EGREPA annual meeting, Vittell, France, May, 1999.
- Chodzko-Zajko, W.J. The Borchard Foundation Symposium - The Role of Regular Physical Activity in Successful Aging, keynote address and symposium chairperson, Borchard Symposium, Missillac, France, July, 1999.
- Chodzko-Zajko, W.J. The Michael Lee Pollock Memorial Symposium - The Comparative Benefits of Cardiovascular and Resistance Training for Health and Effective Functioning in Old Age, Symposium Chair, 5<sup>th</sup> World Congress on Physical Activity, Aging, and Sports, Orlando, FL, August, 1999.
- Chodzko-Zajko, W.J. Strange Bedfellows - Interdisciplinary Collaborations Between Speech Scientists, Exercise Physiologists, and Cognitive Psychologists, Symposium paper presented at the 5<sup>th</sup> World Congress on Physical Activity, Aging, and Sports, Orlando, FL, August, 1999.
- Chodzko-Zajko, W.J. 1999 The International Year of Older Persons, invited keynote address, International Conference on Aging, Tehran, Iran, November 2000.
- Chodzko-Zajko, W.J. International initiatives for promoting successful aging, Symposium Chair, Gulf Medical Congress, Kuwait City, November, 1999.
- Chodzko-Zajko, W.J. Physical activity and the aging male, invited keynote address, International Symposium on Aging, Leipzig, Germany, November 2000
- Chodzko-Zajko, W.J. Physical activity and successful aging, Symposium Chair, Third Asian Sports Medicine Meeting, Muscat, Oman, February, 2000
- Chodzko-Zajko, W.J. 2000, Physical Activity and Cognitive Functioning, keynote address, Aging and the University of the Third World, Austin Texas, February, 2000.
- Chodzko-Zajko, W.J. Physical Activity, Quality of Life and Aging, keynote address, NEOUCOM Symposium on Quality of Life, Rootstown, Ohio, March 2000.
- Chodzko-Zajko, W.J. Eastern and western perspectives on physical activity and successful aging, keynote address, Taikwon Do World Congress, Seoul, Korea, May 2000
- Chodzko-Zajko, W.J. Physical and Mental Training: Effects on Cognitive Functioning, keynote address, Successful Aging Congress, Tsukuba, Japan, July 2000
- Chodzko-Zajko, W.J. Physical Activity and Health, keynote address, Aging Congress, Kitakyushu, Japan, October 2000
- Chodzko-Zajko, W.J. Physical Activity and Aging, keynote address, Aging Congress, Kaunas, Lithuania December 2000
- Chodzko-Zajko, W.J. International initiatives for promoting successful aging, Loma Linda Medical School,

Loma Linda California, February 2001

Chodzko-Zajko, W.J. The role of technology in promoting successful aging, National Institute for Bioscience and Technology, Tsukuba, Japan, March 2001

Chodzko-Zajko, W.J. Going Beyond the Physical: Public Health, Physical Activity and Successful Aging, 2001 Raymond Weiss Lecture, AAHPERD Conference, Cincinnati, Ohio, April 2001

Chodzko-Zajko, W.J. The National Blueprint on Activity and Aging, Annual Provost's Lecture, University of West Florida, April 2001.

Chodzko-Zajko, W.J. Physical Activity and Quality of Life in Old Age, Eagle Creek Colloquium, Eagle Creek, Illinois, June, 2001

Chodzko-Zajko, W.J. Physical Activity and Aging, keynote address, British Heart Foundation Congress, Loughborough UK, September 11, 2001.

Chodzko-Zajko, W.J. Physical Activity and Quality of Life in Old Age, keynote address, Aging Congress, Nagoya, Japan, October 2001

Chodzko-Zajko, W.J. USA Initiatives to Promote Physical Activity and Aging, keynote address, Pan American Health Organization, Washington DC, December 2001.

Chodzko-Zajko, W.J. Physical activity and successful aging, invited address, University of Tsukuba, Tsukuba, Japan, March 2002

Chodzko-Zajko, W.J. The National Blueprint to Promote Physical activity, Invited Symposium, Society for Behavioral Medicine Meeting, Washington DC, April, 2002.

Chodzko-Zajko, W.J. The National Blueprint to Promote Physical Activity, Invited Symposium, NCOA/ASA meeting, Denver, April, 2002.

Chodzko-Zajko, W.J. The National Blueprint to Promote Physical Activity, Invited Presentation, ACSM Fitness Summit, Orlando, April, 2002.

Chodzko-Zajko, W.J. Physical Activity and Aging, Invited Presentation, AGS meeting, Washington DC, May, 2002.

Chodzko-Zajko, W.J. Physical Activity and Cognitive Functioning in Aging – A review, University of Georgia Center on Aging, Symposium, Sea Palms, Georgia, June 2002.

Chodzko-Zajko, W.J. Physical activity and successful aging, invited address, Shanghai Medical Association, Shanghai, China, July 2002

Chodzko-Zajko, W.J. USA Initiatives to promote healthy aging, invited address, Korean National University for Physical Education, Seoul, Korea, August 2002

Chodzko-Zajko, W.J. The National Blueprint to Promote Physical Activity, Invited Presentation, Theraband Academy Conference, Toronto, August, 2002.

Chodzko-Zajko, W.J. National Strategy to Promote Physical Activity in Midlife and Older Adults, invited paper, Physical Activity: Preventing Physical Disablement in Older Adults Conference, Cooper Institute, Dallas, Texas, October 2002.



- Chodzko-Zajko, W.J. International Initiatives to promote healthy aging, invited address, Brazilian National Conference on Aging and Physical Activity, Sao Paulo, Brazil, November 2002
- Chodzko-Zajko, W.J. International Initiatives to promote healthy aging, invited address, Spanish National Conference on Aging and Physical Activity, Torremolinos, Spain, December 2002
- Chodzko-Zajko, W.J. National Strategy to Promote Physical Activity in Midlife and Older Adults, invited paper, US Surgeon General's Conference on Osteoporosis, Washington DC, December 2002.
- Chodzko-Zajko, W.J. National Strategy to Promote Physical Activity in Midlife and Older Adults, invited paper, IHSA meeting, San Francisco, CA, February 2003.
- Chodzko-Zajko, W.J. Physical activity and successful aging, Keynote address, Fifty Plus Fitness Association, Stanford, CA, February, 2003.
- Chodzko-Zajko, W.J. Physical Activity and Successful Aging, invited lecture, University of Florida, Gainesville, FL, March, 2003
- Chodzko-Zajko, W.J. National Strategy to promote Physical Activity, invited lecture, AAHPERD Conference, Philadelphia, PA, April, 2003
- Chodzko-Zajko, W.J. USA National Initiatives to promote healthy aging, invited address, Slovenian Institute for Rehabilitation, Ljubljana, Slovenia, June 2003
- Chodzko-Zajko, W.J. Healthy Aging, invited address, Tsukuba Center of Excellence Conference, Tsukuba, Japan, July 2003
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., National Strategy to Promote Healthy Aging, Invited presentation, Theraband Conference, San Diego, Ca, August, 2003.
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Healthy Aging, Invited presentation, National Summit on Creating Healthy and Caring Communities, Orlando Florida, September 2003
- Chodzko-Zajko, W.J, Physical Activity and Successful Aging, invited address, National Conference on Aging, San Jose, Costa Rica, October 2003.
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, Midwest ACSM conference, Toledo, OH, November, 2003
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, ICAA conference, Orlando, FL, December, 2003
- Chodzko-Zajko, W.J., The National Blueprint 2004 Progress report, Keynote Address, National Blueprint conference, Washington DC, January 2004.
- Chodzko-Zajko, W.J., The National Blueprint Initiative, Keynote Address, Smart Growth conference, Portland OR, January 2004.
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The USA National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation,

Netherlands Conference on Public Health Initiatives, Arnhem, Netherlands, March, 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, ASA conference, San Francisco, CA, April 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., Public Private Partnerships in Healthy Aging, Invited presentation, ASA conference, San Francisco, CA, April 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, Penn State University, April 2004.

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, Ohio University, April 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, American Geriatrics Society meeting, Las Vegas Nevada, May 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., Physical Activity and Healthy Aging, Invited presentation, New Jersey Healthy Aging Meeting, Warren, NJ, May 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., Physical Activity and Healthy Aging, Invited presentation, International Congress on Physical Rehabilitation, Ljubljana, Slovenia, June, May 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., Physical Activity and Healthy Aging, Invited presentation, Guangzhou University, Guangzhou, China, July 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, ISAPA World Congress, London, Ontario, August 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, AAKPE Annual meeting, Chicago, IL, September 2004

Chodzko-Zajko, W.J., Recent advances in physical activity and cognition: Implications for programming and policy, Invited presentation, UIUC Conference on Physical Activity Cognition and Aging, Champaign, IL, October 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, Blue Cross Blue Shield Annual meeting, Chicago, IL, November 2004

Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Mockenhaupt, R., Bazzarre, T., The National Blueprint to Promote Physical Activity and Healthy Aging, Invited presentation, ICAA conference, Orlando, FL, November, 2004.

Chodzko-Zajko, W.J. Physical Activity and Healthy Aging, invited public lecture, Iberaki, Japan, December

2004.

Chodzko-Zajko, W.J. National Falls Prevention Summit, facilitator, Washington DC, December 2004.

Chodzko-Zajko, W.J. Physical Activity and Healthy Aging, invited public lecture, Warsaw, Poland, March, 2005.

Chodzko-Zajko, W.J. USA National strategy for health aging, invited public lecture, Krakow, Poland, March, 2005.

Chodzko-Zajko, W.J. Prescribing Physical Activity to Older Persons, invited symposium, American College of Physicians Conference, San Francisco California, April 2005.

Chodzko-Zajko, W.J. USA National strategy for health aging, invited public lecture, University of Southern Denmark, Odense, May, 2005.

Chodzko-Zajko, W.J. Living to 100 Actively, keynote address, Purdue University Retiree Association, Annual meeting, West Lafayette, IN., September 2005.

Chodzko-Zajko, W.J. Congressional Briefing, Senate Special Committee on Aging and House Fitness Caucus, Washington DC, September 2005.

Chodzko-Zajko, W.J. Public Policy Initiatives to Promote Active Aging, ICAA meeting, Washington DC, September, 2005

Chodzko-Zajko, W.J. Keynote Address, National Blueprint Partners Conference, Urbana, Champaign, IL, October, 2005

Chodzko-Zajko, W.J. Keynote Address, Physical Activity and Aging, ACSM Regional Conference, Kansas City, October, 2005

Chodzko-Zajko, W.J. Symposium: New Active Green Environments, ICAA National Meeting, Orlando FL, November 2005

Chodzko-Zajko, W.J. Symposium: Integrating Tai Chi and Qi Gong into the Aging Network, NCOA/ASA National Meeting, Los Angeles, CA, March 2006

Chodzko-Zajko, W.J. Congressional Briefing, NCPPA meeting, Washington DC, April 2006

Chodzko-Zajko, W.J., A National Strategy for Promoting Healthy Aging, Keynote address, Southern Association of Cardiovascular and Pulmonary Rehabilitation Spring Conference, Tuscaloosa, Alabama, April 2006.

Chodzko-Zajko, W.J. , A National Strategy for Promoting Healthy Aging, International Scientific Conference on Aging and Physical Activity: Application to Fitness, Sport and Health". Rydzyna, Poland, September 2006

Chodzko-Zajko, W.J. Symposium: Active Aging: Challenges Translating Evidence Based Research into Effective Community Programs, MidWest ACSM Meeting, Michigan, October 2006

Chodzko-Zajko, W.J. Keynote Address: The Future of Wellness Research, Kimberly Clark Thought Leader in Innovation Meeting, Orlando, FL, November 2006

- Chodzko-Zajko, W.J. Invited Address: Integrating Tai Chi and Qi Gong into the Aging Network, ICAA National Meeting, Las Vegas, NV, November 2006
- Chodzko-Zajko, W.J. Keynote Address: Active Aging: Challenges Translating Evidence Based Research into Effective Community Programs, NYC ACSM Meeting, NYC, December 2006
- Chodzko-Zajko, W.J. Invited Address: Physical Activity and Health Aging, Johns Hopkins University, Baltimore , MD, December 2006
- Chodzko-Zajko, W.J. Invited Address: International Fall Prevention Programs, WHO Expert Meeting, Victoria, BC, Canada, February 2007
- Chodzko-Zajko, W.J. , A National Strategy for Promoting Healthy Aging, International Scientific Conference on Aging and Physical Activity: Application to Fitness, Sport and Health". Wroclaw, Poland, March 2007.
- Chodzko-Zajko, W.J., Sheppard, L., Senior, J., Park, C., Bazzarre, T., Developing a Comprehensive National Strategy to Promote Physical Activity among Older Adults, Invited presentation, NCOA/ASA conference, Chicago, IL, April, 2007
- Chodzko-Zajko, W.J. Invited Address: Physical Activity and Health Aging, Purdue University, West Lafayette, IN, April 2007
- Chodzko-Zajko, W.J., International strategies for promoting active ageing, Asia Research Institute, National University of Singapore, July, 2007.
- Chodzko-Zajko, W.J., Integrating physical activity opportunities into the built environment, TRAC Academy meeting, Budapest, July, 2007
- Chodzko-Zajko, W.J., Strategies for promoting the adoption of evidence-based wellness promotion programs, ICAA meeting, Washington DC, September 2007
- Chodzko-Zajko, W.J., Active Aging: The road ahead, Invited Address, University of Poznan, Poland, September, 2007
- Chodzko-Zajko, W.J., International strategies for promoting active aging, keynote address, International Conference on Aging and Physical Activity, Taiwan, November, 2007
- Chodzko-Zajko, W.J. 2007, Promoting wellness in the aging network, ICAA Conference, Orlando FL, November, 2008.
- Chodzko-Zajko, W., Graber, K. C., & Malavasi, L. (2008, January). Making content real: Students and community members learning together. Presentation at the annual Faculty Retreat on Active Learning, Urbana-Champaign, IL.
- Chodzko-Zajko, WJ 2008. Developing a national strategy for promoting active aging, ACSM National Conference, Indianapolis, June 2008
- Chodzko-Zajko, WJ. International Initiatives to Promote Active Aging, EGREPA Conference on Aging and Physical Activity, Verona, Italy, June 2008.
- Chodzko-Zajko, WJ, Physical Activity and Healthy Aging, University of Porto, Portugal, June 2008.
- Chodzko-Zajko, WJ, Keynote Address: Physical Activity and Successful Aging, World Congress on

Physical Activity and Aging, Tsukuba, Japan, July 2008.

Chodzko-Zajko, WJ. Developing a national strategy for successful aging, Singapore, August 2008.

Chodzko-Zajko, WJ. International Initiatives to promote Health Aging: The role of the World health Organization, AAKPE conference, Chicago, Illinois, September 2008.

Chodzko-Zajko, WJ, Physical Activity and Successful Aging, Beijing Sport University, Beijing, China, October 2008.

Chodzko-Zajko, WJ, Career Opportunities in Kinesiology, AKA, meeting, Dallas TX, Jan 31 – Feb 3, 2010.

Chodzko-Zajko, WJ, USA National Strategy to Promote Healthy Aging, CDC workshop, Guam, May 18 – 27, 2010.

Chodzko-Zajko, WJ, Physical Activity for Older Adults, University of Porto, Porto, Portugal, July 1, 2010

Chodzko-Zajko, WJ, Physical Activity for Older Adults, Spanish Congress on Healthy Aging, Malaga, Spain, July 10-13, 2010.

Chodzko-Zajko, WJ, Active Aging, American Physical Therapy Association Congress on Aging, Indianapolis, July 29-31, 2010.

Chodzko-Zajko, WJ, The role of public health professions in the future of Kinesiology, AKA, Dallas, TX, February, 2011.

#### **JURIED EXHIBITIONS AND CREATIVE WORKS:**

Chodzko-Zajko, W.J., Photography Exhibition, Espresso Royale, Urbana, Illinois, May, 2003.

Chodzko-Zajko, W.J., Street Scenes, Photography Exhibition, Espresso Royale, Urbana, Illinois, May, 2004.

Chodzko-Zajko, W.J., People in Motion, Photography Exhibition, Illinois Program for Research in the Humanities, Urbana, Illinois, January 2005.

Chodzko-Zajko, W.J., Portfolio Fotografico, Foto: Revista di Fotografica Digitale, Milan, Italy, June, 2005

Chodzko-Zajko, W.J., People in Motion, Photography Exhibition, Photon Gallery, Ljubljana, Slovenia, July, 2005.

Chodzko-Zajko, W.J., Habana! Photography Exhibition, Espresso Royale, Urbana, Illinois, December, 2005.

Chodzko-Zajko, W.J., Transition, photographic images from rural and urban China, Espresso Royale, Urbana, Illinois, January, 2007.

Chodzko-Zajko, W.J., Schwingel, A.S., The Body in Question, National University of Singapore, Museum of Art, juried Exhibition, February, 2008.

Chodzko-Zajko, W.J., photography featured in British Museum Collection, Perfect Bodies, Sports Medicine and Immortality, April 2012.